From the Principal...

Leaders for 2016

Congratulations to Riley Wilson and Ethan Slater who recited their leadership pledge and received their badges last Friday on assembly. I am very confident that these two boys will do a great job leading their school cohort this year and do many amazing things. The boys have decided to kick off their leadership role by organising to raise money to buy new cameras for the school. They have been brainstorming about ways to fundraise and have started with selling $1 icy cups at lunch on Fridays. There is also talk about having a car wash day!

Walk/Jog a 1000 kilometre challenge

Every Tuesday, Wednesday and Thursday students, staff, parents and community members are invited to participate in walking/jogging a kilometre. The challenge starts at 8:30 every morning on the school oval and stops at 8:50. When we reach the target of 1000 kilometres the students will be having a rewards day. This challenge will not only be fun for all, but it will improve fitness levels. The older students will also incorporate this activity into their math lessons by calculating distances and charting the progress of the challenge. So come one, come all and join us for this fun challenge.

Book Fair

Book Fair starts off next week. Opening hours are 3:00 to 3:30 in the afternoon. Come and have a look at the new books for 2016, great for gifts, rewards and engaging young readers.

Attendance counts

Currently the school attendance rate is **96.84%**. Well done everyone, we would like to keep this high attendance rate going for the rest of the year. Remember if your child is going to be away please contact the classroom teacher via phon-ing the office, seeing the teacher or e-mailing them.

Sporting School Australia

Prep to Year 6 students are encouraged to participate in sporting activates offered after school on Thursdays 3-4 pm on the school oval. The focus for this term will be honing soccer and touch football skills. Fresh fruit and ice cold water is offered during the training session.

We would appreciate help from any adult that is able and willing to assist or has an interest in coaching any other sports throughout the year. For further information please contact either Mitchell Bennett or myself either in person or via the school office.

Student Council

Icy cups will be on sale every Friday second break (1pm) for $1. The students are raising funds for classroom cameras to capture all the wonderful learning they are doing at school.

Miss Vanessa Sumner
Senior Class News

Term 1 Science

The students have been studying a unit on Biology this term.

The P/2 class has been focusing on identifying the difference between living and non-living things. We have moved on to working with living things and looked at identifying body parts of both animals and plants. To achieve this we have had to learn about our senses of sight, touch, smell, sight and sound. We will be looking at life cycles of a variety of organisms and will be also studying a variety of habitats.

The 3/6 class have been working on topics associated with the environment. They have been looking at the structure of a natural ecosystem and have covered the following topics:

- The need for balance between animals and plants in nature
- Photosynthesis and Respiration reactions
- Producers, Consumers and Decomposers
- Food chains and Food webs
- Viewed microscopic organisms with a microscope
- Learnt about how plants breathe and feed
- Experienced a wide range of new scientific terms
- Learnt about animal adaptions

At present the upper class is working in a field study of the native plant plot in the school grounds.

Assessment tasks for this term will include:

- A short formal science test
- A spelling test of their science words
- A mark for their workbook
- Marks for other activities eg: reports, projects

To incorporate a literacy component into the subject we are also using the Science Now Workbook which while reinforcing the science content also helps develop the students comprehension skills.

Mr Bryant

Week 6 Focus Expectations:

Be Respectful

* greet others politely

Week 7 Focus Expectations:

Be an active Learner

* be in the right place at the right time
STUDENT AWARDS

CONGRATULATIONS TO THE FOLLOWING STUDENTS:

TERM 1 WEEK 4 AWARDS

Senior Students:
- Tom (Year 3-4)
- Being kind & helping others
- Riley (Year 5-6)
- Being kind & helping others

Junior Students:
- Josie
- Great effort in writing
- Hannah
- Great spelling effort

Sport Captain’s Award:
- Thomas
- Playing well & getting along with others

School Captain’s Award:
- Henry
- Working hard in class

TERM 1 WEEK 5 AWARDS

Senior Students:
- Charlotte (Year 3-4)
- Taking great care with her work
- Kiaerrah (Year 5-6)
- Taking great care with her work

Junior Students:
- Lucy
- Positive attitude towards learning every day
- Lincoln
- For the energy & effort he puts in every day

Sport Captain’s Award:
- Finn
- Playing well with others

School Captain’s Award:
- Isabelle
- Being nice to people

STRIVE words for the fortnight

Junior Class:
- Week 5: careful, scolded
- Week 6: mature, concerned

Senior Class:
- Week 5: investigating, preservation
- Week 6: guarantee, assembly

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P&C COMMITTEE

PRESIDENT
Mrs Karen Gray
VICE-PRESIDENT
Mrs Kylie Bottrell
SECRETARY
Mrs Tamie White
TREASURER
Mrs Jacqui Tinkler
PROVIDERS
Mrs Bec Halliday  Miss Bec Steer
TUCKSHOP
Ms Bec Steer
UNIFORMS
Ms Amanda Hicks
FUNDRAISING

SCHOOL BANKING
Mrs Alex Donoghue

P&C News

TERM 1 TUCKSHOP
Week 5– On Duty + sweet homebake- Tamie
Savoury Homebake– Jodie
Extra Homebake Family (1 sweet & 1 savoury) - Bub

Week 6—On Duty + sweet homebake– Jacqui
Savoury Homebake– Carol
Extra homebake family- (1 sweet & 1 savoury) - Geoff

AGM– MONDAY 21ST MARCH at 8:30am followed by general meeting
ALL positions will be vacant. Job descriptions are available from the secretary.
Executive positions will include— President, Vice President, Secretary, treasurer
Sub-Committees— banking, tuckshop, uniform, providore, sports committee, instrumental music

Parenting Tips

Teasing Versus Bullying By Michael Grose

When speaking with parents when I present at schools, or engaging with them via our social media, bullying is always a hot topic. A recent Facebook post had one of our biggest engagement rates ever. It begged the question- “What is bullying? Do we mix it up with teasing and other forms of mean behaviour?”

Bullying is a term that’s wrapped in emotion. For many people it’s associated with bad childhood memories. It’s been estimated that around 40 per cent of people have experienced bullying in the past. It’s something that we don’t want to happen to our kids.

But I fear it’s being overused at the moment and confused with teasing and rudeness.

Rudeness refers to thoughtless behaviours and thoughtless words. Kids often do rude things to each other without thinking their actions through. Examples include breaking wind in a child’s direction; joking about the colour of a child’s hair in front of others; failing to share possessions and neglecting to acknowledge someone. Rudeness is usually about selfishness and thoughtlessness. Taken on their own many rude behaviours can be seen as an element of bullying but when looked at in context they are more about thoughtlessness, lack of consideration and poor manners rather than a deliberate attempt to hurt someone.

Teasing refers to annoying, hurtful behaviour that is used to get a reaction from someone else. Teasing can be persistent in nature, but not always. It’s generally an attempt to get under a person’s skin. It can involve name-calling; it can be personal and hurtful in nature. It can also infringe on another person’s rights. But generally teasing doesn’t have the key ingredients that make up bullying.

Bullying is the selective, uninvited, repetitive oppression of one person or group by another. It involves three elements – intent to hurt or harm; power imbalance; and repetition over time. It takes many forms and guises including physical aggression; verbal abuse; emotional aggression (or blackmail); intimidation; harassment and exclusion.

The new cyber-dimension to bullying has moved the goalpost for many kids. In the past children and young people could escape bullying behaviours by being at home. Cyber-bullying means that children can’t escape bullies like they once could.

Our ability to be discerning about bullying is as important as the action we take when we are sure that our child is on the receiving end of bullying behaviour. These actions include: dealing with feelings; providing emotional coping skills, getting others involved; building up a child’s support networks; and building self-confidence that can take a battering.

FORMS REMINDER
Please return student update checklists and permission forms if you have not done so already.

FEES REMINDER
Swim Camp & SRS fees are due and payable
At Bollon State School, we are RESPONSIBLE by being SAFE, RESPECTFUL and ACTIVE LEARNERS
### Community Classifieds

#### TERM 1
**BUGLE PUBLICATION DATES**

- Friday 11th Mar
- Thursday 24th March

Please hand in notices and ads by 9:00am on Thursday the day prior to publication. Notices can be emailed to our Bugle Volunteer Tamie White at: tkemp74@eq.edu.au with a cc to tnort35@eq.edu.au in case Tamie is away.

Until further notice the price for a small classified is $2.50 gst inclusive with larger and colour notices to be negotiated.

#### St George Junior Rugby League

*“sign-on day”*

**ROWDEN PARK**

Thursday 10th March 2016 @5pm

**DON’T FORGET YOUR BIRTH CERTIFICATE AND SIGN ON FEE- $40 PER PLAYER**

- **No birth certificate no sign on**
- **Sausage sizzle to follow**

**President— Todd Twidale— 0438255498**

**Secretary— Eleanor Blanch— 0427121334**

#### BOLLON PONY CLUB

Memberships for 2016 are now due

Please see Tamie for membership forms.

#### BILLY WINKS

I am a candidate in the Balonne shire elections.

I would like to ask for your support by including me as 1 of the 6 councillors on your ballot paper.

I will appreciate your decision.

*authorised by WN Winks*

Thank you Afternoon Tea

To thank you for welcoming Mr Bennett into the Bollon Community, a mother’s afternoon tea will be provided with makeup demonstrations provided by co-hosts Mitchell and Susan Bennett.

All Welcome!

**When: Saturday 5th March 2:30pm**

**Where: Bollon State School Junior class**

Proceeds all go towards the school

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<thead>
<tr>
<th><strong>JD BERGHOFER</strong></th>
<th><strong>BOLLON QCWA</strong></th>
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<tbody>
<tr>
<td>now carting Goats/Sheep/Cattle</td>
<td>First meeting for 2016 will be held at the Cottage on Thursday 10th March commencing at 9.30am.</td>
</tr>
<tr>
<td>-running 4-6 decks weekly past Bollon to Wallangarra or Crows Nest via Dalby. Backloading to Charleville. Convertible non-bruise crates.</td>
<td>Join us for coffee at 9.00am. Come &amp; help us kick off the year! Bring ideas to re-vamp our bathroom &amp; toilet facilities. ALL WELCOME</td>
</tr>
<tr>
<td>Discount freight when you book your goats through us—competitive grids and we aim to beat any live weight price. Jake—0418649666</td>
<td>Contact: Tiki North (Sec) 4625 6182</td>
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### BNC NEWS

**Open 8:30 - 4:30pm lunch break at 12:30-1:00pm closed weekends**

Emergencies are seen any time. If difficult to attend these hours please phone the clinic on 46256105 to make other arrangements. Please phone the BNC 46256105 if an appointment out of these hours is required for nurse consultation and or wound care.

**There will be a nurse on-call for all public holidays. A new buzzer is located outside the Clinic for after hours or if Clinic is unattended...this buzzer will contact the on-call nurse.**

**In case of an emergency call 000 then 000 will contact nurse on call**

For non-emergency health assistance—please call 13 HEALTH (13 432584)

**DOCTOR’S CLINICS are TUESDAY and THURSDAY from 9.00am - 11.00am**

Bring your medicare card and Healthcare cards... All patients are bulk billed.

**CHILD HEALTH NURSE:** 15th march

**PHYSIOTHERAPIST:** 23rd march

**WOMEN’S HEALTH NURSE:** Available continuously at the Clinic until the end of March

**DIETICIAN:** Visiting on 2nd March

Social Worker/Chronic Disease Nurse attendance is on a needs basis.

Please see Jenny at clinic for referral or contact St George Allied Health on 46 202 265. For any questions please phone the BNC on 46256105.

*telehealth services are now available at the Clinic. Please advise the doctors/specialists you visit about this service, as it may help reduce your travel, time & costs to visit away specialists.*

Renovations at the clinic are now complete. We thankyou for your patience during this time.

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### Community Calendar

<table>
<thead>
<tr>
<th>FEB</th>
<th>Mon-Fri</th>
<th>Book Fair</th>
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<tbody>
<tr>
<td>MAR</td>
<td>Wed</td>
<td>Dietician at BNC</td>
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<td>02</td>
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<tr>
<td>02</td>
<td>Wed</td>
<td>Healthy Ageing</td>
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<tr>
<td>05</td>
<td>Sat</td>
<td>Thank you Afternoon Tea 2.30pm</td>
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<tr>
<td>09</td>
<td>Wed</td>
<td>Pastoral Profit Building multi-generational Businesses Seminar at Charleville</td>
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<td>10</td>
<td>Thurs</td>
<td>Next Bugle deadline 9.00am</td>
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<tr>
<td>10</td>
<td>Thurs</td>
<td>Bollon QCWA Meeting 9.30am</td>
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<tr>
<td>10</td>
<td>Thurs</td>
<td>St George Junior Rugby League Sign-On 5.00pm</td>
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<tr>
<td>15</td>
<td>Tues</td>
<td>Child Health Nurse at BNC</td>
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<tr>
<td>16</td>
<td>Wed</td>
<td>Healthy Ageing</td>
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<tr>
<td>21</td>
<td>Mon</td>
<td>Bollon P&amp;C Association AGM &amp; General Meeting</td>
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<tr>
<td>23</td>
<td>Wed</td>
<td>Physiotherapist at BNC</td>
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