



# Bollon Bugle



Join the Partnership

VOL 07, MAY 6TH 2016

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## PRINCIPAL

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1885 - 2016

## From the Principal...

### New Acting Principal-

I am pleased to advise the school community that Ms Colleen Dunn who is our school teaching librarian will be taking the position as acting principal while I'm away on long service leave. I wish everyone the best and I am confident that Ms Dunn will do an excellent job in my absence. I look forward to coming back in week 9 of Term 3 with many stories to tell!

### Teaching Intern- Jessica Webber

We welcome back Miss Jessica Webber who is completing her final internship in the senior class starting next week. Miss Webber is excited to be working with the students and school community until week 10.

### New Student – Anna

The junior class were excited to welcome Anna into their class this week. We look forward to Anna becoming part of the school community and enjoying her time here at Bollon.

### NAPLAN- Tuesday, Wednesday, Thursday morning

Week 5 is NAPLAN week. The year 3 and 5 students have been working hard with Ms Sandra since the start of the school year. NAPLAN focuses on language conventions (spelling, grammar and punctuation), reading comprehension, writing and maths. This NAPLAN test is not meant to stress children out and measures their current ability, however to ensure maximum achievement we ask the parents of all year 3 and 5 students to please make sure your children have a good sleep the night before. Ms Sandra has organised brain food snacks for these three days. Best of luck to the year 3 and 5.

### Funky Monday- Student free dress day

The student council is running a loud hair and shirt day on Monday. For the price of \$2 students

can wear free dress (the louder and bright the better!) and come with funky hair! How crazy and creative can you be????

### Student council- Mothers Day raffle and Ozobots

The student council would like to thank Daphne Wilson for the beautiful cake she baked and donated for the mother's day raffle. This along with the beauty pack donated by Mitchell Bennett and Vanessa Sumner is to be drawn on parade today. The proceeds will go to the student council. The student council are purchasing Ozobots for the school this week.

### Reading- Has your child been reading this week?

Remember our school aim is for every child to be reading for 10 minutes each night. Reading comprehension is a vital life skill and important to students learning. If you have any questions or concerns about your child's reading at home please make an appointment to see their teacher.

### Attendance-

Currently the school attendance rate is **96.21%**. **This is a decrease from the previous fortnight.**

Well done to everyone for making the effort to come every day, we would like to keep this high attendance rate going for the rest of the year. Those students who are not at school miss out on various learning opportunities and if away for a considerable amount of time, find it hard to catch up. If your child will be absent from school please contact the class teacher to inform them either via the office or e-mail.

### Friday Parade

Due to the school hosting a cluster meeting on Friday 13<sup>th</sup>, parade will commence that morning at 9am instead of the afternoon, we appreciate your understanding of this situation.

Miss Vanessa Sumner

**PRINCIPAL**

Miss Vanessa Sumner

**TEACHERS**

Mr Mitchell Bennett

Mr Doug Bryant

Ms Sandra Sumner

**TEACHER AIDES**

Mrs Rhonda Mobbs

Mrs Robyn Toop

Mrs Liz Browning

**ADMINISTRATION OFFICER**

Mrs Tiki North

**LEARNING SUPPORT/  
STUDENT WITH DISABILITY  
TEACHER**

Mrs Louise Cowley

**HPE TEACHER**

Mrs Kelly-Anne Webster

**MUSIC/ARTS TEACHER**

Miss Lauren Prestridge

**INSTRUMENTAL MUSIC**

Mr Luke Todd

**LIBRARIAN**

Ms Colleen Dunn

**SCHOOL CHAPLAIN**

Mr Aaron Barlow

**SCHOOL CLEANER**

Mrs Kylie Bottrell

**GROUNDSPERSON**

Ms Julie Halliday

Mrs Vicky Weatherall

## Science News

The senior class have been studying Earth and Beyond. At this stage we have been discussing astronomy. The students have been learning about celestial objects such as stars, planets, moons, asteroids, meteors and meteorites. We have investigated the solar system and have learnt quite a few facts of general interest: eg what a light year is, the speed of light, the distance to the sun and the features of each of the planets. The students have enjoyed this experience.

The junior class have been studying the Earth and Space and at this stage we have been looking at their landscape. We have been discussing the weather and resources necessary in their environments. We will be discussing night and day and the moon next. They also seem to be enjoying the experience.

Mr Bryant

## Education Queensland News

### NAPLAN testing — 10 to 12 May

Students in Years 3, 5, 7 and 9 will take part in NAPLAN testing from 10 to 12 May.

NAPLAN testing provides schools with an opportunity to identify any areas where students may need assistance and covers the learning areas of reading, writing, spelling, grammar and punctuation and numeracy.

If you have any queries regarding NAPLAN testing, please contact your Principal.

NAPLAN test results will be released later this year. Visit [www.nap.edu.au](http://www.nap.edu.au) for more information.



## STRIVE words for the week

| Class  | Junior Class                   | Senior Class                             |
|--------|--------------------------------|--|
| Week 3 | fault, framed, slammed, peeped | sneaked, distinctly, suddenly, relevant  |
| Week 4 | idea, communication, happening | gradually, comparison, ghastly, accuracy |

## STUDENT AWARDS

Congratulations to the following students:-

### TERM 2 WEEK 3 AWARDS

#### Senior Students:

*Tom*

Working hard in class

*Owen*

Putting in a big effort in Science

#### Junior Students:

*Lucy*

Working hard in all subjects & being kind to others

*Lincoln*

Working hard on improving his writing

#### Sport Captain's Award:

*Thomas*

Setting a good example in the playground

#### School Captain's Award:

*Kiaerrah*

Being on her best behaviour

### TERM 2 WEEK 4 AWARDS

#### Senior Students:

*Hazelle*

Great writing

*Tyler*

Great writing

#### Junior Students:

*Anna*

Great start in the Junior Class

*Akayla*

Great sentences

#### Sport Captain's Award:

*Lucy*

Playing well in Handball

#### School Captain's Award:

*Cassie*

Being a good role model

## Instrumental Music News

### Student Practice:-

Beginner Clarinet – 34,38,40

Beginner Percussion – 43,44,45,46,47 and rock beat

Beginner Trumpet – 30,32,34

Ethan – page17

Riley – page 17

Mr Todd is currently on leave for the next 2 weeks, however students are reminded to please bring their instruments in every Tuesday for practice. Beginner students please keep practising hard as your camp is coming up at the end of the term.

### Dates:-

Beginner Band Camp - 7th & 8th June

Winter Music Carnival in Dirranbandi - 22nd July

## Week 5 Focus Expectations:

### Be Safe

\* **wear** hats outside



## Week 6 Focus Expectations:

### Be Respectful

\* **keep** noise to a minimum

## P&C News - Next meeting Friday 27th May at 1:30pm

**On duty– Billie-Jean, sweet & savoury homebake.  
Extra homebake– Bec Halliday**

16th May– Jodie & Carol Extra Homebake– Alex

**Catering– 13th May– please see attached notice on Bugle.**

Executive positions have been filled:  
President– Karen Gray, Secretary– Lynne King

**Uniforms- If anyone wants fleece track pants ordered can they please see Amanda with sizes as she does not want to over order.**

**P&C COMMITTEE**

**PRESIDENT**

Mrs Karen Gray

**VICE-PRESIDENT**

Mrs Kylie Bottrell

**SECRETARY**

Mrs Lynne King

**TREASURER**

Ms Carly Lowe

**PROVIDORES**

Miss Bec Steer

**TUCKSHOP**

Ms Bec Steer

**UNIFORMS**

Ms Amanda Hicks

**FUNDRAISING**

**SCHOOL BANKING**

Mrs Tamie White

Miss Emily Powell

# Parenting Tips

## Don't threaten, bribe or deal – breathe and act instead

By Michael Grose

*Getting kids to cooperate is tricky. One method doesn't necessarily fit all kids so as a parent or teacher it helps to have a broad repertoire of responses to draw on when kids are less than perfect or you want more cooperative behaviour. Here are 5 great discipline habits to add to your parenting repertoire.*

Disciplining a child can make many parents feel decidedly uncomfortable, as it doesn't generally fit an idealised picture of parenting that many of us may have. Discipline is about helping kids stay safe, become social and also be savvy and astute when they interact with others, which makes discipline a positive and very necessary part of the parenting process.

So it helps to develop some good discipline habits instead so that when we do become stressed or tired they are so ingrained in us that they become second nature.

Here are five good discipline habits to develop:

### 1. Avoid the first impulse so you don't overreact

A good rule of thumb is to stop yourself from reacting when children misbehave. As much of children's poor behaviour is purposeful, in that it keeps parents busy with them or is designed to let parents know that in fact you can make a child do anything they want to do, your impulsive reactions reinforce the behaviour. At times stopping and doing nothing is better than saying something you regret later on or can't follow through with.

### 2. Step away and take a breath to gain control

When you feel annoyed, angry or hurt by a child's misbehaviour temporarily step away from the situation and take a few deep breaths before you speak or act. This meta-moment will not only buy you time but will quickly calm you down and change your thinking, putting you back in control. Better self-management helps you respond more effectively when kids misbehave.

### 3. Lower your voice to be heard

Do you typically repeat yourself or raise your voice when your children ignore your request for better behaviour or even cooperation. If so you are training your kids to ignore you. Try lowering your voice rather than raising to be heard. This has the double effect of being easier to hear as well as carrying a greater sense of authority.

### 4. Move toward them to be noticed

Moving into children's space to deliver a message is usually more effective than issuing an order across a lounge room when you are competing with a screen for attention. It does require effort but the results in terms of getting cooperation is generally worth it.

### 5. Use a consequence to teach

Not all children respond positively to consequences. Very sensitive children can take consequences personally so use them sparingly with more sensitive. Sometimes a change in the tone of your voice is enough for these children. But generally reasonable consequences that have a relationship to children's misdemeanours and that are respectfully delivered are effective in teaching children to behave responsively. The trick is to deliver them like a neutral cop – cool, calm and with not too many words.

Good habits are best developed in low or no stress situations so if you'd like to add any of these ideas to your parenting repertoire start putting them into practice in every day interactions with your children, so that they become second nature when you really need some cooperation from your kids.

# ANZAC DAY



# CROSS COUNTRY



*At Bollon State School, we are RESPONSIBLE by being SAFE, RESPECTFUL and ACTIVE LEARNERS*

## TERM 2 BUGLE PUBLICATION DATES

Friday 20th May  
Friday 3rd June  
Friday 17th June

Please hand in notices and ads by 9:00am on Thursday the day prior to publication. Notices can be emailed to our Bugle Volunteer Tamie White at: tkemp74@eq.edu.au with a cc to tnot36@eq.edu.au in case Tamie is away.

## ST MARY'S ANGLICAN CHURCH

Will hold interdenominational services at 3.30pm on the following dates:-

May 27th June 24th  
July 22nd August 19th

A gathering for some drinks and nibbles will be held after the service at Bollon Hotel courtesy of Brian & Cheryl. All participants are requested to bring a plate.

## BOLLON QCWA

Many thanks to all who brought a plate to our morning tea following the Anzac Service - it was much appreciated by everyone!

**Next meeting:-** Thursday 12th May 9:00am

**Agenda:-** including Women Walk the World, Stall, Bathroom renovation

## ST GEORGE POLICE 3 BALL AMBROSE -

St George Golf Club,  
Saturday 28th May 2016.

Sign on 12 noon for 12:30 tee off.  
\$20 per player-teams of 3. (includes bbq dinner and donation to police legacy.) Drinks cart & lunch available throughout the day. GREAT PRIZES  
FOR MORE INFO contact 46 203033-  
Matthew Reichstein

## FOR SALE

Large 8x4x3 bales- 2nd cut Lucerne  
Excellent quality avg weight 600 kilos, shedded \$220 plus  
Phone Alan 0429797433/ 46256212

## BOLLON POLOCROSSE CARNIVAL

Sat & Sun 14 - 15th May

Bar & catering all weekend  
Come & see the OUTBACK ZONE Vs The Rest of the World on Saturday afternoon, stay for dinner by Bec Steer Catering & some red dirt disco dancing'.

## JD BERGHOFER

### now carting Goats/Sheep/Cattle

-running 4-6 decks weekly past Bollon to Wallangarra or Crows Nest via Dalby.

Backloading to Charleville.

Convertible non-bruise crates.

Discount freight when you book your goats through us—competitive grids and we aim to beat any live weight price.

Jake- 0418649666

The **Bollon Biggest Morning Tea for Cancer** will be held on Wednesday 25th May and we will have a member of the Too-woomba Cancer Council attending. Starting at 9:30am at CWA cottage with lots of delicious foods. We hope to have some wigs, turbans and other information about services available for both cancer patients and their families.

## CAR BOOT AND CRAFT STALLS

**Saturday 25th June** at St Mary's Anglican Church grounds. Cnr George & Belmore streets, Bollon.

For further information or to book a stall or car park please contact Glenys 0457292107 or boglenys@yahoo.com.au

## BOLLON COMMUNITY FORUM MONDAY 9TH MAY

9:30-10:30am

Bollon Community Clinic

Tackling Adversity in Regional Drought & Disaster communities through integrating Health Services (TARDDiHS)

## Bollon Community Clinic

Queensland Health – SWHHS Ph: 07) 46256105

Hours: 8:30am – 4:30pm Lunch break at 12:30 – 1:00pm

Closed Weekends/Public Holidays.

There will be a nurse on-call for all public holidays. A new buzzer is located outside the clinic for after hours or if the clinic is unattended. This buzzer will contact the on-call nurse. Emergencies are able to be seen at any time. In case of an emergency where an ambulance is required, please contact 000 and not the health centre. As this will then activate the nurse/driver and ambulance. (this opens the lines of communication and allows personnel to set up for departure). For non-emergency health assistance out of hours – please call 13 HEALTH 13 43 25 84

**Doctors Clinics: Tuesday/Thursday – 9:00am – 11.00am –Please bring your medicare card and Healthcare cards. All patients are bulk billed.**

**Child Health Nurse: 17th May; Physiotherapist: TBA**

**Women's Health: Wed, 18th May; Dietician: TBA**

**Social Worker/ Chronic Disease Nurse attendance is on a needs basis.**

If a referral is required please contact the Clinic and discuss with staff or alternatively St George Allied Health on 46 202 265

**Diabetic Education Telehealth Session: Monday 16th May. Please contact the Clinic if you would like to be a part of these sessions.**

**FLU VACCINATIONS HAVE ARRIVED!!** Call the clinic today for eligibility for free vaccination. If you do not qualify for a free vaccination you will require a doctor's appointment.

## Community Calendar

|            |       |         |   |
|------------|-------|---------|---|
| <b>MAY</b> | 09    | Mon     | Bollon Community Forum at Civic Centre 9.30am |
|            | 12    | Thur    | Bollon QCWA Meeting 9:00am                    |
|            | 14-15 | Sat-Sun | Bollon Polocrosse Carnival                    |
|            | 16    | Mon     | Diabetic Telehealth at BNC                    |
|            | 18    | Wed     | Women's Health Nurse at BNC                   |
|            | 25    | Wed     | Biggest Morning Tea for Cancer                |
|            | 27    | Fri     | Bollon P&C Meeting 1.30pm                     |
|            | 27    | Fri     | St Mary's Anglican Church Service 3.30pm      |
|            | 28    | Sat     | St George Police 3 Ball Ambrose               |
| <b>JUN</b> | 24    | Fri     | Anglican Church Service 3.30pm                |
|            | 25    | Sat     | Anglican Church Car Boot & Craft Stalls       |