From the Principal...

Bye Miss Turner

We would like to thank Miss Stephanie Turner and congratulate her on her successful prac here in the senior class especially for her dedication to improving educational outcomes and the exceptional way she got involved with the children.

Bollon Blue light Disco

A Bollon Blue Light Disco will held next Thursday the 10th of September from 5:30pm-8:00pm at the community hall. Please see attached flyer for more details.

Sporting Schools

Every Wednesday all students (prep-6) are invited to come and participate in a fun filled sporting afternoon from 3pm-4pm. Afternoon tea will be provided. If students are not participating could you please let me know for safety and accountability purposes. I highly encourage all students to participate in this opportunity. Parents are also encouraged to come and support the children.

School Support Staff Recognition Week, 31 August – 4 September

This week we celebrate School Support Staff Recognition Week! Thank you to all of our support staff for their ongoing commitment in assisting school leaders and teachers, and ensuring our students receive a quality education.

Attendance counts

As of Friday the school’s attendance rate is 94.5%. The school’s aim is for 95% or better. Remember every day at school counts! If your child is going to be away or has been off school we kindly request that you write a note to the teacher or send an e-mail stating the time and reason for the absence.

Under 8’s day

The theme for under 8’s day this year is fairy tales. All playgroup and junior class students are invited to participate in this fun filled day of storytelling, face painting, cooking and games. This event will be held on Tuesday, 15th of September (week 10). A big thank you to Liz Browning for organising this great day and the rest of the staff for assisting.

Reading is Great!

Well done to those students last week who took up the reading challenge again. Don’t forget to receive a raffle ticket in the weekly reading draw all you have to do is read for 10 minutes each night. The more you read the more you know the more you can do! Also reading levels will be tested next week (week 9).

Senior class rewards night

The senior class had an amazing night last night. They were rewarded for all their good behaviour, hard work and effort over the last term. Students participated in minute to win it challenges, alphabet categories games, designing challenges, as well as started creating their own solar boats. We were also treated to a yummy dinner and desert kindly catered by Ms Sandra. A great night was had by all. See the photos in the back of the newsletter that captured this fun night!

School Photo’s

Country school photos will be on Monday the 7th of September. Remember to bring in your white envelope if you wish to place an order.

Regards, Miss Vanessa Sumner

2015 TERM CALENDAR

SEPT 07 School Photos
11 Book Club due
OCT 26 - 30 Whole School Camp
Senior Class News

Mathematics
Over the last two weeks, senior class have been very busy in math. In year 3 we have been learning about capacity. We estimated how many small plastic cups it would take to fill a 5L ice-cream container and were all quite surprised when we found out it was 24 cups not 3 cups and not 200 cups.

Both year 4 and year 5 students have been focusing on fractions and decimal numbers. We have played some fraction card games and undertaken some work downstairs.

Year 6 have been very busy working on developing their problem solving skills and applying strategies to solve problems out of context. All students have put in a great effort with their math, with some fantastic results emerging from assessment pieces.

Miss Turner and Miss Sumner

Health and Physical Education

**Grades 3 and 4** have been doing a ‘Sustainability’ Health unit that has covered topics such as; **Respect and responsibility for our environment, sustainability practises that support health and safety, a healthy and safe classroom and outdoor activities that benefit health.** They have been exploring the three R’s; Reduce, Reuse and Recycle. In Physical Education students will be learning how to play Newcombe (a catch and pass game similar to volleyball). They have also been practising working cooperatively as a team and applying the rules fairly.

**Grades 5, 6 and 7** have been doing a ‘Multicultural Australia’ Health unit that has covered topics such as; **changes in personal and cultural identity, people and media influence decisions and behaviour and health, safety and wellbeing in multicultural Australia.** In Physical Education students will be examining the different types of fitness required to play the game of basketball, such as; cardiovascular endurance, muscular endurance and strength and flexibility.
Congratulations to the following students:

TERM 3 WEEK 7 AWARDS

Senior Students:
Tom (Year 3-4)
Great effort in Maths
Riley (Year 5-6)
Excellent work in Maths
Junior Students:
Dante (PREP)
Great effort in Maths
Hannah (Year 1)
Great effort in writing
Mackenzie Year 2
Great effort in writing
Sport Captains’ Award:
Damien
Great effort at cricket trials
School Captains’ Award:
Riley
Great effort in school work

TERM 3 WEEK 8 AWARDS

Senior Students:
Tyler (Year 3-4)
Being kind to others
Riley (Year 5-6)
Great effort in maths lessons
Junior Students:
Lucy (PREP)
Great reading
Lincoln (Year 1)
Great spelling
Owen (Year 2)
Being a great role model
Sport Captains’ Award:
Akayla
Sharing in the sandpit
School Captains’ Award:
Bobby-jo
For being kind to others

Junior Class News

Over the past fortnight students have written some great poems for our unit on Poetry this term. Here are some examples from the students.

<table>
<thead>
<tr>
<th>John</th>
<th>Izzy</th>
</tr>
</thead>
<tbody>
<tr>
<td>I had a cat that jumped over the mat. He landed on top of a pillow and Now he lives in a willow that is as Soft as a pillow.</td>
<td>I have a baby owl I wrap her in a towel My owl says meow The mother was a foul owl</td>
</tr>
<tr>
<td>Lincoln</td>
<td>Neville</td>
</tr>
<tr>
<td>Three little seals on a cold ice cube Fluffy and Wuffy and tuffy are we. Sinking and winking and linking we go. Round and round as seals can go</td>
<td>Lingo ran over the dingo Oh no, no more dingo I wonder if Lingo will Buy another dingo?</td>
</tr>
<tr>
<td>Hannah</td>
<td>Zarlee</td>
</tr>
<tr>
<td>There was five little dogs Who jumped over a log The log bobbed once and one fell off.</td>
<td>The pig was big he did a jig so he can fit inside a rig now he’s not so big.</td>
</tr>
<tr>
<td>Owen</td>
<td>Josie</td>
</tr>
<tr>
<td>Poor old Dowl got wrapped in a towel He went to play golf then he ran away Because he knew there was a wolf, But poor old Dowl got back in his towel.</td>
<td>My horse had a hat I gave her a pat Then she saw a cat Laying on the mat</td>
</tr>
<tr>
<td>Xyelia</td>
<td>Lucy</td>
</tr>
<tr>
<td>My cat is so, so fat She lay on the mat Then she saw a rat So she lay on a hat</td>
<td>My puppy was a brat Because she took my hat She played with a cat Who was very, very fat</td>
</tr>
<tr>
<td>Akayla</td>
<td></td>
</tr>
<tr>
<td>A person saw a fly Wearing a grey tie Then she licked a whale With a polka dot tail</td>
<td></td>
</tr>
</tbody>
</table>

The students have worked on their spelling skills and were keen to write their words in chalk out on the pavement this week and last. It definitely must have worked as last week there was quite a few who got a perfect score or near enough.

Students have been looking at Australian money and its value as well as three digit numbers and data analysis in mathematics. As well as looking at how to read an analogue clock.

We have had quite a few students that have been sick over the past two weeks and have missed a lot of school days. Most students are starting to pick up again, but there are still a few sick students. Hopefully over this weekend, everyone can rest up and be refreshed for next week. Mrs Kerri Ryan

Education Queensland News

Childhood Cancer Awareness Month
Our school is supporting Childhood Cancer Awareness Month this September. When a child is affected by a serious illness, support for them and assistance for their family and friends is important.

Through raising awareness we can also highlight:

- the value of medical research into improving treatments for children with cancer
- the importance of early detection and diagnosis
- the healthy choices we can all make to reduce our cancer risk and set an example for others.
Parenting Ideas

Exploring the New Frontier in Parenting – Emotions

By Michael Grose

It’s official! Emotions are now part of the parenting and educational mainstream!

For some time they’ve been relegated as a sideshow to the main events of discipline, confidence building, character building, and lately, resilience.

Not now.

The recently released movie Inside Out gives life to emotions in a fun, accessible way. It’s a wonderful demonstration of why we must put emotional intelligence front and centre in our parenting and teaching. The quickest pathway to happiness and success is the acceptance and recognition of feelings.

Current day muse Dr. Marc Brackett, Director of the Yale Centre for Emotional Intelligence is more expansive. He says, “Emotions matter as they drive learning, decision-making, creativity, relationships, and health.”

This is not to say that we ignore children’s poor behaviour, neglect to set limits or not ask anything of them when they’ve experienced hardship at school. Accepting and recognising emotions is an added layer in our interactions with kids, which may well be the missing link in building cooperation, connection and resilience.

So where do we start? Here are five ideas to help you explore the alien landscape of kids’ emotions, the new frontier of parenting:

1. **Listen first** When your child fusses and fumes about some wrong-doing or hurt they’ve experienced clear your mind and listen. Avoid trying to fix the situation just show understanding and compassion. There is no better feeling then being understood.

2. **Contain rather than manage (let your kids do the managing)** Children’s behaviour can become tangled up in upsets and disappointments. It’s hard to separate their behaviour from their feelings. Sometimes as a loving, caring adult you just have to soak up their feelings, and give them the time and space to soothe their own souls. We don’t have to do that for them.

3. **Know that emotions can be pleasant and unpleasant** We often place value judgements on emotions by saying some emotions are good or positive (happy, motivated, energised) while some are bad or negative (sad, worried, sullen). Avoid passing judgement in such ways. Recognise that emotions are pleasant or unpleasant and that all emotions are acceptable, whereas some behaviours (such as hurting someone when you are angry) are unacceptable.

4. **Build a vocabulary around emotions** Just as feelings have names, there are terms for the emotional intelligent parenting method. For instance, I-messages* are a type of communication used by parents and adults who take an emotions-first approach.

5. **Help your kids recognise, then regulate emotions.** Ever told a child to calm down only to see their emotions escalate? Kids, like adults, need to recognise their feelings before they can regulate their emotional state, and that’s not easy. Emotional recognition is a complex process that takes practice. Even when we are good at it we don’t always get it right. Learning to recognise your feelings is a continuous process that’s best started when young, before the ups and downs of adolescence becomes a reality.

Emotional intelligence is best learned when it becomes part of your family’s culture, or way of doing things. When it becomes part of your family’s DNA then emotional intelligence will be passed down from generation to generation. You’ll know it’s had generational impact when your children identify you as the person who trained them in the skills of emotional intelligence. How cool is that!

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**Week 9 Focus Expectations:**

**Be Safe**
walk bikes and scooters in school grounds

**Week 10 Focus Expectations:**

**Be an active learner**
go straight there and straight back

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At Bollon State School, we are RESPONSIBLE by being SAFE, RESPECTFUL and ACTIVE LEARNERS
P&C News

P&C is catering for a bike rally this Monday 7th Sept. **ALL help is needed. If you haven’t received your donation list please see Bec H or Bec S. If you can or cannot help please see these ladies also. This is a major fundraiser for the school rewards camp to the Gold Coast. Your assistance will be greatly appreciated.**

**TERM 3 TUCKSHOP**

7th Sept—Felicity & Bec S  
Homebake—Savoury—Carol

14th Sept—Carly

*DUE TO THE BIKE RALLY CATERING ON MONDAY, IF SOMEONE IS ABLE TO HELP OUT WITH TUCKSHOP, IT WOULD BE GREATLY APPRECIATED. PLEASE CONTACT BEC STEER IF YOU CAN WORK HER SHIFT.*

Please note the latest Menu and Roster can usually be found under Support & Resources, documents on the school’s website: www.bollonss.eq.edu.au

**UNIFORM PRICES—**

- New shirts $25
- Gold shirts $10
- Beanies $7
- Bucket hats $6.50
- Wide brim hats $10
- Fleece jumpers $20.50
- Skorts $10
- Rugby Knit shorts $10
- Jackets $30
- Fleece Pants $16.50
- Microfibre shorts $10
- New trackpants $25
- Rugger shorts $10

**SCHOOL BANKING**

- ♦ **PARENTS please fill in bank books, as there are many children’s bank books that are not filled in correctly and the banking coordinators are having to do this….**

**SIGNING IN WHEN VOLUNTEERING:**

Please make sure you sign the volunteers register outside the school office when volunteering at the school i.e: tuckshop, reading, etc.

**School 130th Anniversary souvenirs**

- Key Rings $12.50
- Wine Glasses $20
- Please see Jacqui Tinkler

- “30 years since the centenary” Souvenir Magazine $10 available from the school office

**BUGLE ADVERTISING** - Any advertisements and community notices are to be sent in by 9:00am on Thursdays prior to publication. Please email to our Bugle volunteer Tamie Kemp at tkemp74@eq.edu.au with a cc to tnort36@eq.edu.au. Small classifieds are $2.50. **Next publication dates:- 4th September and 18th September**
Rewards Night

At Bollon State School, we are RESPONSIBLE by being SAFE, RESPECTFUL and ACTIVE LEARNERS.
**SOUTHERN CROSS MOTORBIKE RALLY** — will be venturing to Bollon on Monday, 7 September. The P&C will catering dinner at the Showgrounds from 6pm, please feel free to join us for a meal - 2 course meal for $20. Bar will available from 2pm. Please contact Bec Halliday for more information.

**FRIEND A FARMER Twilight Dinner & Art Exhibition**
Bollon Civic Centre
Sat 26th September
Tickets $75

**BnS Cold room hire fee update**
Free Pick up day before use
$50 per day actually used
$30 per day not returned

**JD BERGHOFER:**
now carting Goats/Sheep/Cattle
-running 4-6 decks weekly past Bollon to Wallangarra or Crows Nest via Dalby. Backloading to Charleville. Convertible non-bruise crates. Discount freight when you book your goats through us—competitive grids and we aim to beat any liveweight price.

*Jake— 0418649666
Emma— 0429622809*

**CWCJ AUSTRALIA – 2015 SAFARI**
Morning tea then meeting followed by lunch with the safari team—
Speaker - Joy Woodfield
Team leader—Leanne Shulz
Tuesday 15th Sept @10:30am, at the CWA cottage.
Phone Jan Scriven 46253898

**NOTICE OF QCWA AGM**
FRIDAY 11 Sep 2015 @ 9am
Softel Hotel, 249 Turbot St, Brisbane
Att: Past, Present, BSS Students, Staff & P&C Members
Have your name engraved in history, by purchasing a plaque (engraved with your name, role & dates.) To be displayed on the school ‘Enrolment Monument’. Only $10 per plaque. See Bec Halliday for more details

**OCT 15**
Thurs
Pasture for Profit - Focusing on the Future Workshop

**SEP**
08  Tues  Red Bus in Bollon
10  Thurs  QCWA Bollon Meeting 9:30am
11  Fri  QCWA AGM@ Brisbane
17  Thurs  Deadline for advertising in next Bollon Bugle 9:00am
19  Sat  Bollon Open Tennis Tournament
26  Sat  Friend A Farmer Twilight Dinner & Art Exhibition

**NJ Allen Electrical**
Is in the Bollon area
If you want work or quotes done, give me a call
Nicholas 0418 758 726

**NOTICE OF QCPA AGM**
FRIDAY 11 Sep 2015 @ 9am
Softel Hotel, 249 Turbot St, Brisbane

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**BNC NEWS**
Open 8:30 - 4:30pm  closed weekends
Clinic opening hours are 8.30am - 4.30pm with a lunch break at 12:30-1:00pm.
Emergencies as always are seen any time. If difficult to attend these hours please phone the clinic on 46256105 to make other arrangements. Please phone the BNC on 46256105 if an appointment out of these hours is required for nurse consultation or wound care.

**IN CASE OF AN EMERGENCY CALL 000 THEN 000 WILL CONTACT NURSE ON CALL**
For non-emergency health assistance—please call 13 HEALTH (13 432584)

**DOCTOR’S CLINICS are TUESDAY and THURSDAY from 9.00am - 11.00am**
Bring your medicare card and Healthcare cards... All patients are bulk billed.

**CHILD HEALTH NURSE : TBA**

**PHYSIOTHERAPIST: TBA-**
all appointments need a referral

**WOMEN’S HEALTH NURSE:— 10th December**

Social Worker/Dietician/Chronic Disease Nurse attendance is on a needs basis. Please see Jenny at clinic for referral or contact St George Allied Health on 46202 265. For any questions please phone the BNC on 46256105.
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