From the Principal...

Swimming

Next week the students of Bollon State School will be participating in swimming lessons in St George. Students will be instructed by Mrs Kelly Webster on Tuesday the 8th November and Wednesday the 9th of November. Students will need to be at the pool for 9am to start swimming. It will be expected that the lessons should conclude by 1:15 pm. On Friday students will then participate in the small schools swimming carnival.

Students are reminded to bring, goggles, water bottle, morning tea and lunch. Please note that lunch will be available to purchase from the P and C on Friday only at the swimming carnival.

A big thank you to the parents who have volunteered to carpool the students to St George next week. Your time and generosity is greatly appreciated.

There will be no homework club on Monday or after-school play practice on Wednesday in week 6 due to the swimming program.

Reading

Even with the busy week ahead don’t forget it’s still important to read. A variety of reading materials such as magazines/newspapers, fun fact books, novels and small chapter books can support students learning new topics and vocabulary.

Parents- ask your child what interesting words have you learnt this week?

Homework and End of Year play

Due to the busy week next week the homework expectation will be for students to read for 15 minutes each night (as well as the junior class practising their sight words) and record it in their reading log. Students will also be expected to learn their lines for the end of the year play. If parents are wanting to extend their child’s homework the teachers strongly encourage the students to access reading eggs and mathletics. If parents have any questions please contact your child’s teacher.

Attendance

Currently the school attendance rate is 93.86%. This is a decrease from the previous fortnight and is below the school target of 95% or higher attendance. Those students who are not at school miss out on various learning opportunities and if away for a considerable amount of time, find it hard to catch up. If your child will be absent from school please contact the class teacher to inform them either via the office or e-mail.

Book Fair

Book Fair is now set up in the library this week (week 5) and will finish week (week 6). Book Fair will be available on the afternoons of swim days next week.

Miss Vanessa Sumner
Senior Class News

As usual it has been a busy week for the Senior Class. The students have been involved in various assessment tasks, preparing for the end of year. Preparations are in full swing for the end of year play on awards night. Everyone is working hard on their lines and the songs.

In Science this term we are working on a Physics unit, learning about different forms of energy. This week we have been studying electricity. The students have been learning about simple circuits with series and parallel connections. Safety and the potential dangers of electricity have been high on the agenda.

Next week we will be looking at how we can generate electricity and in following lessons we will be looking at heat, sound and light.

Until next week, Mr Bryant.

Book Fair

Book Fair will be held in the Resource Centre from Wednesday 2nd November to Friday 11th November. Everyone is invited to come along before & after school.

Junior Class News

This week junior class have had lots of success, with majority of the class reaching and passing their reading goals for the term.

We have also begun looking at the structure of narratives and have created some sizzling starts to our writing.

Laptops have been introduced into the classroom and students have enjoyed using them for new reading activities. Year 2 have also been exploring how to create a PowerPoint presentation.

Mr Bennett

Education News - Tuckshop Day

Tuckshop Day recognises the great work of thousands of people across the state each and every school day. It also highlights the important role tuckshops play in school life. Providing nutritious food and drinks means families can have one less task to worry about at the start of their day and helps students to concentrate and learn well in class. Tuckshop Day provides an opportunity to give a special thank you to all tuckshop workers and recognise the valuable role these teams play in every school. This year, Friday 4 November, has been nominated as Tuckshop Day. A huge thank-you to the dedicated parents/carers of the Bollon State School P&C Association, who provide our students with a nutritious tuckshop every Monday.

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STUDENT AWARDS

Congratulations to the following students:-

TERM 4 WEEK 4 AWARDS

Senior Students:
Tyler
Massive effort in his writing task
Seth
Massive effort in his writing task

Junior Students:
Lesley
Doing her best in every subject
Dante
Working hard with his reading

Sport Captain’s Award:
Henry
For playing well

School Captain’s Award:
Imogen
For working really hard in Maths

TERM 4 WEEK 5 AWARDS

Senior Students:
Riley
Showing a keen interest in Science & doing his best
Zarlee
Being a cheerful, happy & co-operative student in class.

Junior Students:
Lucy
For a super effort with her reading
Kahli
For her great effort in class

Sport Captain’s Award:
Hannah
For playing well with others
School Captain’s Award:
Isaac
For working hard in Science

Focus Expectations:

Week 6
Be Respectful
* be inclusive

Week 7
Be an Active Learner
* have bag and equipment ready

Blue Light Disco News

Last Thursday night (27/10) saw the last Blue Light event for 2016. The Halloween Disco was a huge success, that was thoroughly enjoyed by everyone who attended. Prize winners on the night were;

Deb’s Café Voucher – Isaac & Finn
Blue Light showbag – Michaela
Tennis Racquet – Hannah
Fishing Rod – Lincoln
Broncos showbag – Tyler, Lucy, & Jackson
Broncos shirt – Kahli

A huge thank you to the businesses that provided prizes, Carol & Jodie for providing the food and the members of the Blue Light that volunteer their time to assist with the events during the year.

STRIVE words for the week

<table>
<thead>
<tr>
<th>Class</th>
<th>Junior Class</th>
<th>Senior Class</th>
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<tbody>
<tr>
<td>Week 6</td>
<td>observe collect drought precious</td>
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<td>whispered special spiralling moisture</td>
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<td>ancient</td>
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<tr>
<td>Week 7</td>
<td>delight lurking uneasy torrents</td>
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<tr>
<td></td>
<td>lurking scatter</td>
<td>pounding prowl</td>
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Parenting Tip

BFF Forever: When friendships go sour

By Jenny Brockis

Emotional intelligence remains a work in progress throughout our lives. Dr Jenny Brockis offers parents tips to help children deal with emotional pain.

Tips to help your child deal with emotional pain

Allow them to grieve

Pain hurts and that's normal. Social pain hurts as much as physical pain because they share common neural pathways. Share with your child that you're sorry they are hurting to help them learn that emotions are normal, and that it's normal too to feel that their whole world has temporarily turned upside down.

Encourage them to step away from the situation

When up close it can get very personal. Encourage your child to look at the situation from the other person's perspective to ease their pain; even though they may not fully understand why the other person acted in the way they did or said those horrid things. This helps them to reframe what happened, elevates empathy and builds resilience to future hurts. What doesn't work is returning fire with fire or blocking communication routes. A nasty comment on Facebook is best not responded to. However, telling your child to not use social media or to ban access to Facebook or their phone isolates them further and means they can't reach out to their other friends for support.

Offer time and an open ear

Sometimes what helps the most is to just be there. Offering support so they know you care with a kiss or a cuddle and encouragement to do some 'normal' things is what counts, as well as being available to just listen when required. It's about understanding, not interrogation. They don't necessarily want our advice!

Move forward with respect and dignity

A great friendship is a thing of joy, but many will wax and wane for a variety of reasons. Helping your child to celebrate what makes them feel good about any relationship leads to greater acceptance and tolerance of difference.

P&C News

TUCKSHOP:

Week 6 - Mon 7 Nov  - Duties: Jacqui
Week 7 - Mon 14 Nov - Duties: Karen
Week 8 - Mon 21 Nov - Duties: Russell Family
Week 9 - Mon 28 Nov - Duties: Carly
Week 10 - Mon 5 Dec - Duties: Lynne

**REMEMBER WEEK 10 is flat rate $6 per child, & buffet selection provided**

NOMINATIONS FOR SECRETARY: The position of Secretary has become available; to begin from next P&C Meeting (02/12/16) until the 2017 AGM. Expressions of interest to Karen or Carly. Voting for this position will occur at the next meeting.

NEXT MEETING: FRIDAY 2 DECEMBER AT 1.30pm
Melbourne Cup Celebrations - Fashions on the Field

Best Dressed Winners - Lucy, Lincoln, Hazelle & Tom

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BOLLON REUNION
All past and present residents of Bollon are invited to a reunion held at South Toowoomba Bowls Club at 11am Saturday 12 Nov 2016. RSVP before 10 Nov for catering purposes to Tony Smith 4635 4818 or John Clemesha 0488 180 069

HAY FOR SALE
Large 8x4x3 bales – 2nd cut Lucerne Excellent quality avg weight 600 kilos, shedded $220 plus
Phone Alan 0429797433/ 46256212
Free delivery 15 bales or more within 50km radius

BOLLON CHARITY RODEO ASSOCIATION
would like to thank everyone involved for their hard work, dedication and continuous support of the recent Champagne Draft. From the yardsman, cattle donors, competitors, sponsors, truckies, spectators and volunteer helpers; your contribution is greatly appreciated. The draft saw over 650 first round runs, with competitors coming from as far as Hughenden to compete. A big congratulations to all riders and place getters, but a special mention to the following Highest Scoring Local Competitors:
Encouragement: Braden Tattam; Maiden: Buddy Halliday; Novice A: David Tattam, Novice B: Kate Southern; Open: Kevie Southern, Ladies: Sandy Southern; Juvenile: Jack Southern; Junior: Jackson Halliday. The Local Encouragement Award (donated by Bollon Rural Produce & Hardware) was awarded to Tamie White.
Thank-you again & we look forward to your continued support in 2017.

BOLLON RURAL HARDWARE & PRODUCE
We will be closed 11th - 15th Nov.
Re-open on 16th Nov

BOLLON QCW A CHRISTMAS TREE
Christmas Tree plans are now underway with the date set at Saturday 10th December. Gifts for Bollon district children will be free of charge this year but anyone with visiting children will need to purchase gifts for them and may hand them in to Carly Lowe. Donations towards a multi-draw raffle would be greatly appreciated - contact Marilyn Goddard - and can be left at the post office.

ST MARY’S ANGLICAN CHURCH
Will hold interdenominational services at 3.30pm on the following dates:-
November 25th December 16th
A gathering for some drinks and nibbles will be held after the service at Bollon Hotel courtesy of Brian & Cheryl.
All participants are asked to bring a plate to share.

RAFS PLAYGROUP at BOLLON
Tuesday, 8 November 2016
9am-12pm Bring a plate of food to share for morning tea & a change of old clothes for hands on sensory play.

ROMA RURAL STUDENT HOSTEL
is an established boarding facility providing accommodation for students, yr7-12. The RRSH is owned by the Maranoa Council, administered by a volunteer committee, and operated by experienced house parent, Janice Colley. For more information, contact 07 46224116.

BOLLON QCWA CHRISTMAS TREE
Now carting Goats/Sheep/Cattle - running 4-6 decks weekly past Bollon to Wallangarra or Crows Nest via Dalby.
Discount freight when you book your goats through us—competitive grids and we aim to beat any live weight price. Jake– 0418 649 666

Bollon Community Clinic
Queensland Health – SWHHS Ph: (07) 46256105
Hours: 8:00am – 4:30pm Lunch break at 12:30 – 1:30pm
Closed Weekends/Public Holidays.
There will be a nurse on-call for all public holidays. A new buzzer is located out-side the clinic for after hours or if the clinic is unattended. This buzzer will contact the on-call nurse. Emergencies are able to be seen at any time. In case of an emergency where an ambulance is required, please contact 000 and not the health centre. As this will then activate the nurse/driver and ambulance. (this opens the lines of communication and allows personnel to set up for departure). For non-emergency health assistance out of hours – please call 13 HEALTH 13 43 25 84

Doctors Clinics: Tuesday/Thursday – 9:00am – 11.00am – Please bring your medicare card and Healthcare cards. All patients are bulk billed.
Child Health Nurse: 22 Nov; Physiotherapist: TBA; Dietician: 9th Nov
Social Worker/ Chronic Disease Nurse attendance is on a needs basis.
If a referral is required please contact the Clinic and discuss with staff or alternatively St George Allied Health on 46 202 265
Telehealth is available for community and Allied Health services including diabetic educator and Chronic Pain management. Please call clinic for more info. Don’t forget, if you are travel-ling to a specialist, you may be eligible for patient travel subsidy scheme.
The Healthy Eating and Lifestyle Program is being delivered in St George from 7 Nov-12 Dec; Monday’s from 1-3pm at Care Balonne. Sessions delivered by your local Dietician, Social Worker and Physiotherapist. To register contact Rosie Mohr, 4620 2265.
The Bollon Community Clinic will be CLOSED for lunch daily from 12:30-1:30pm. If an emergency, press the button at front door or ring 000

COMMUNITY CALENDAR

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<td><strong>NOV</strong></td>
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<td><strong>11-15</strong></td>
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<td>Fri-Tues</td>
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<td><strong>25</strong></td>
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<tr>
<td>Bollon Red Dust Barrel Racing Competition (3pm)</td>
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<td>Bollon Rural Hardware &amp; Produce closed</td>
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<td><strong>30</strong></td>
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<td>Anglican Church Service 3.30pm</td>
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Please note new email address for Bugle notices: bugle@bollons.eq.edu.au
Please email or hand in notices to the office by 9.00am on the Thursday prior to publication. $2.50 / sm classified – please pay at the office. Larger notices by negotiation.
Next Bugle date: - Friday 18th Nov

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